

Parental controls

With Christmas being in the not too distant past and perhaps receiving presents including new technology or related games, we thought we would provide you with a little reminder of how to set up appropriate parental controls.

Games/consoles

First, check the PEGI rating of any new games to ensure that your child is old enough to be playing them. PEGI provides age classifications for games and **considers the age suitability of a game, not the level of difficulty**. It is important to note that PEGI do not take into consideration the chat facilities within games. If a game does allow your child to communicate with others then you can adjust the settings so they are appropriate to your child - or disable it completely.

Secondly, for any consoles (new and old), it is important to set up appropriate controls such as restricting spending limits and again managing who they can communicate with. Follow the links below to find out how to set up Parental Controls for each device:

Xbox: [Xbox Family Settings: Responsible Gaming for All | Xbox](#)

PS5: [How to set parental controls on PS5 consoles \(playstation.com\)](#)

Nintendo Switch: [Nintendo Switch Parental Controls | Hardware | Nintendo](#)

Tablets/Smart phones

As well as setting up parental controls on the device itself, remember to check any apps your child would like on their device. Is it suitable for their age? Review all settings and privacy options for each app. For the devices themselves use the available settings to prevent purchases, restrict content viewed and adjust privacy settings. Follow the links below to find out more:

iPhones/iPads: [Use parental controls on your child's iPhone, iPad and iPod touch – Apple Support \(UK\)](#)

Google Play: [How to set up parental controls on Google Play - Google Play Help](#)