

# SUMMER MENU 2024 Gluten & Dairy Free



FOR MONSTER APPETITES

## Week 1

Week commencing

○ 15.04.24 ○ 06.05.24 ○ 03.06.24 ○ 24.06.24 ○ 15.07.24

MONDAY

**Choice 1** Gluten Free Nuggets  
**Served with** Mint & Parsley Potatoes with corn

**Jacket Potato** Cheese/Beans/Tuna  
**Dessert** GF Chocolate Shortbread

TUESDAY

**Choice 1** BBQ Pulled Pork GF Ciabatta  
**Served with** Coleslaw, Green Salad & Nacho s

**Jacket Potato** Cheese/Beans/Tuna  
**Dessert** Jelly

WEDNESDAY

**Choice 1** Carrot & Chick Pea Curry  
**Served with** Rice & Mixed Vegetables

**Jacket Potato** Cheese/Beans/Tuna  
**Dessert** Mixed Fruit Jelly

THURSDAY

**Choice 1** Roast Beef  
**Served with** Crispy Roast Potatoes, Broccoli Carrots & Gravy

**Jacket Potato** Cheese/Beans/Tuna  
**Dessert** GF/DF Chocolate Muffin

FRIDAY

**Choice 1** Bubble Fish  
**Served with** Chips & Peas

**Jacket Potato** Cheese/Beans/Tuna  
**Dessert** Chocolate Cookie

## Week 2

Week commencing

○ 22.04.24 ○ 13.05.24 ○ 10.06.24 ○ 01.07.24 ○ 22.07.24

MONDAY

**Choice 1** Gluten Free Sausage  
**Served with** Homemade Rustic Wedges & Beans

**Jacket Potato** Cheese/Beans/Tuna  
**Dessert** Fruit Cocktail

TUESDAY

**Choice 1** GF Chicken & Bacon Tomato Pasta  
**Served with** Green Beans

**Jacket Potato** Cheese/Beans/Tuna  
**Dessert** Fresh Fruit Salad

WEDNESDAY

**Choice 1** Gf Pasta Bolognaise  
**Served with** GF/DF Garlic Ciabatta

**Jacket Potato** Cheese/Beans/Tuna  
**Dessert** Chocolate Muffin

THURSDAY

**Choice 1** Roast Gammon  
**Served with** Crispy Roast Potatoes, Cabbage, Carrots & Gravy

**Jacket Potato** Cheese/Beans/Tuna  
**Dessert** Vanilla Cookie

FRIDAY

**Choice 1** Bubble Fish  
**Served with** Chips & Beans

**Jacket Potato** Cheese/Beans/Tuna  
**Dessert** Chocolate Muffin

## Week 3

Week commencing

○ 29.04.24 ○ 20.05.24 ○ 17.06.24 ○ 08.07.24

MONDAY

**Choice 1** All Day Breakfast GF Sausage

**Jacket Potato** Cheese/Beans/Tuna  
**Dessert** GF Fruit Flapjack

TUESDAY

**Choice 1** GF/DF Fish Pie  
**Served with** Baby Carrots

**Jacket Potato** Cheese/Beans/Tuna  
**Dessert** Jelly

WEDNESDAY

**Choice 1** GF/DF Chicken Korma  
**Served with** Rice & Macedoine Vegetables

**Jacket Potato** Cheese/Beans/Tuna  
**Dessert** Banana Muffin

THURSDAY

**Choice 1** Roast Pork  
**Served with** Roast Potatoes, Cabbage, Parsnips & Gravy

**Jacket Potato** Cheese/Beans/Tuna  
**Dessert** Alpro Dessert

FRIDAY

**Choice 1** Bubble Fish  
**Served with** Chips & Beans

**Jacket Potato** Cheese/Beans/Tuna  
**Dessert** Ice Lollies



Fresh drinking water & Schar bread are available daily.



Fresh Fruit or Fruit Yoghurt is available as an alternative to the dessert option.



(v) Vegetarian  
(vg) Vegan/Plant Based

A Jacket Potato with Baked Beans and Side Salad is available daily, as an alternative to the main meal. Fresh drinking water & Schar bread are available daily. Fresh fruit is offered as an alternative to the dessert option.

Should your child have a medically diagnosed dietary requirement which cannot be met by this menu please contact our office on 01278 427171. We will be happy to discuss your child's specific requirements and create a menu suitable for their dietary needs.

