

St Mary's CofE Primary School



PSHE & RSE

Intent, implementation and impact statement



Intent

The curriculum intent takes into consideration:

- **The ethos, vision, and values of the school**
- **The specific areas of development for the school**
- **Relevant national strategies**
- **What you want the children to learn**

The aims of our Personal, Social and Health Education are to enable every child to 'Let their light shine'. All children will:

- know and understand what constitutes a healthy lifestyle
- be aware of safety issues
- understand what makes for good relationships with others
- have respect for others
- be independent and responsible members of the school community
- be positive and active members of a democratic society
- develop self-confidence and self-esteem, and make informed choices regarding personal and social issues
- develop good relationships with other members of the school and the wider community.

Through our PSHE teaching we aim to give children the knowledge, skills, and attitudes they need to effectively navigate the complexities of life in the 21st Century. The curriculum covers key areas which will support children to make informed choices now and in the future around their health, safety, wellbeing, relationships, and financial matters and will support them in becoming confident individuals and active members of society.

Children's learning will also contribute to their Personal Development by promoting the four fundamental British values which reflect life in modern Britain: Democracy; Rule of Law; Respect, Tolerance and Individual Liberty.

Quality PSHE and RSE teaching is an important element in helping schools to carry out their duty of care with regards to safeguarding. The DfE's statutory ['Keeping children safe in education'](#) guidance states that 'Governing bodies and proprietors should ensure that children are taught about safeguarding, including online safety. Schools consider this as part of providing a broad and balanced curriculum'.

Implementation

The implementation of the curriculum relates to how the learning is going to be delivered across the school, taking the intent of the learning, and translating it into a progressive and effective curriculum.

At St Mary's we follow the Kapow Primary's RSE/PSHE scheme of work which covers the [Relationships and Health Education statutory guidance](#) (as set out by the Department for Education), including the non-statutory sex education.

The scheme also covers wider PSHE learning, in line with the requirement of the National Curriculum, that schools must make provision for personal, social, health and economic education (PSHE).

The scheme is a whole school approach which consists of five areas of learning:

- Family and relationships
- Health and wellbeing
- Safety and the changing body
- Citizenship
- Economic wellbeing

Each area is revisited every year to allow children to build on prior learning.

Sex education has been included in line with the DfE recommendations and is covered in Year 6 of our scheme.

The scheme supports the requirements of the Equality Act through direct teaching, for example learning about different families, the negative effect of stereotypes and celebrating differences, in addition to the inclusion of diverse teaching resources throughout the lessons.

A range of teaching and learning activities are used and are based on good practice in teaching RSE/PSHE education to ensure that all children can access learning and make progress. In many lessons, stories, scenarios, and video clips provide the opportunity for children to engage in real life and current topics in a safe and structured way. Role-play activities are also included to help children play out scenarios that they may find themselves in.

There are meaningful opportunities for cross-curricular learning, in particular with Computing for online safety and Science for growing, nutrition, teeth, diet and lifestyle. The scheme provides consistent messages throughout the age ranges including how and where to access help.

In addition to following the Kapow scheme of work teachers may plan additional lessons. These will be in order to react to events that happen within the school community or the wider world. National events and occasions are also celebrated through fundraising and themed days/weeks. Examples of this include: Anti-bullying week, Remembrance Day, Children in Need etc.

Impact

This relates to how staff identify that the curriculum is having a positive impact on pupils' learning, how to identify gaps in their learning and how to fill these.

Each lesson features assessment guidance, helping teachers to identify whether pupils have met, exceeded, or failed to meet the desired learning intentions for that lesson.

Each unit of lessons comes with an Assessment quiz and Knowledge catcher. These can be used at the start of a unit to see what the children already know and to inform planning, and then pupils can revisit the same version of the Knowledge catcher at the end of the unit to add what else they now know, further demonstrating their progression in learning.

Having been taught the full scheme, children will have met the objectives set out within the Relationships and Health Education statutory guidance and can utilize their learning within their daily lives, from dealing with friendship issues, to resilience to making healthy choices and knowing where and how to get help when needed.