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12th September 2019

Dear Parents/Carers,

Nut Allergies

We now have several children at the school who have a severe allergic reaction to peanuts/nuts. This allergic reaction (anaphylactic shock) can occur through ingestion of peanut/nut products, cross contamination and breathing peanuts in the air.

Since this condition can be life threatening, we are asking for your help in minimising the risk to the children by:

- Not giving your child peanuts/nuts in their packed lunches wherever possible
- Trying to find alternatives to peanut butter sandwiches, other spreads containing nuts such as Nutella and snacks or bars containing nuts, or labelled "may contain nut traces", in their packed lunches
- Asking your child **not** to share his/her lunch.

Due to the severity of the problem, we would be very grateful if all parents felt able to carry out the suggested measures in order to reduce the risk of serious allergic reaction to these children.

The school kitchen is already a nut-free zone and we now need to extend this to become a **nut-free school**.

We appreciate your cooperation with this matter.

Kind regards,

Mrs Morwenna Dunstan
Headteacher